

Ontario Early Years Centre/CROW Winter 2010 Parent Support Calendar

All parents need support.

This is a listing of Parent Education workshops for families and children that are in your community this winter 2010. These workshops will help support you in your crucial role as a parent to ensure your child(ren) take advantage of the best possible start in his or her life.

These services are being offered **free of charge**, unless otherwise mentioned. Each listing has information about respective times and locations.

You must pre-register for all workshops

To contact us call: 613-283-0095 or 1-800-267-9252

Trying to find services in your area?

Where do you find out information about programs and services for your children? Who do you talk to? How do you locate services in your community? The Early Years Centre has developed a comprehensive listing of community services to help families locate resources and find help and support. This information includes names of agency contact persons, descriptions of programs and services, addresses, phone numbers, and fax numbers.

Almonte and Area		
Book and Blanket Holy Name of Mary 110 Paterson St. Almonte	Tuesdays 6 – 7 p.m. February 9 March 9 April 13 May 11 June 8	Come in your pj's, bring a snack and teddy for an interactive evening of crafts, stories and songs. For children 0 – 6 years of age and the people who love them.
Infant Massage Almonte Public Library 155 High Street Almonte	Wednesday March 10, 2010 10:30 – 11:30 a.m.	Ages 0 – 12 months. An interactive workshop for parents and infants 0 – 12 months to introduce them to the techniques and benefits of massage.
Carleton Place and Area		
How To Talk So Kids Will Listen and Listen So Kids Will Talk (3 sessions) St. Gregory Catholic School 176 Townline Road Carleton Place	Tuesdays: February 2, 9, 16 6:30 – 8 p.m.	A 3 session workshop focusing on helping parents learn to listen, communicate and understand their child's concerns and how to engage their child's cooperation.

<p>Kids Have Stress Too St. Gregory Catholic School 176 Townline Road Carleton Place</p>	<p>Wednesday February 10 6:30-8:30 p.m.</p>	<p>What are the signs of stress in children? Come out and learn some strategies to help your children relax and cope with stress.</p>
<p>Baby Sign Language 4 session workshop Carleton Place Childcare 3 Francis Street Carleton Place</p>	<p>Wednesdays May 5, 12, 19, 26 10 – 11:30 a.m.</p>	<p>Have fun learning to use signs with your baby. Babies can start using signs as early as 6 months to communicate their needs. Suitable for babies and toddlers. Come and learn about 150 signs, several songs and fun rhymes. For babies (0-12 months). Childcare available.</p>

Lanark and Area

<p>Kids Have Stress Too Sacred Heart School 134 North Street Lanark</p>	<p>Wednesday March 24 6:30-8:30 p.m.</p>	<p>What are the signs of stress in children? Come out and learn some strategies to help your children relax and cope with stress</p>
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Perth and Area

<p>Family Math – 5 session workshop Old Stewart School Perth</p>	<p>Mondays: February 1, 8, 22 March 1, 8 1:30-2:30 p.m.</p>	<p>Adult and child interactive workshop. Come and join us to explore math through play with bubbles, playdough, songs etc. Ages 3 – 6 years.</p>
<p>How To Talk So Kids Will Listen and Listen So Kids Will Talk (3 sessions) Queen Elizabeth School 80 Wilson Street East Perth</p>	<p>Wednesdays February 24 March 3, 10 6:30 – 8 p.m.</p>	<p>A 3 session workshop focusing on helping parents learn to listen, communicate and understand their child’s concerns and how to engage their child’s cooperation.</p>

Book and Blanket Glen Tay Public School Perth	Thursdays 6-7 p.m. February 25 March 25 April 22 May 27 June 17	Come in your pj's, bring a snack and teddy for an interactive evening of crafts, stories and songs. For children 0 – 6 years of age and the people who love them.
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<h3>Smiths Falls and Area</h3>

Book and Blanket Smiths Falls Public Library 81 Beckwith Street North Smiths Falls	Tuesday February 9 6 – 7 p.m.	Come in your pj's and join us for bedtime stories, songs and a craft. For children 0-6 years with their adult companions.
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Infant Massage Ontario Early Years Centre 91 Cornelia St. Smiths Falls	Friday February 19 10 – 11 a.m.	Ages 0 – 12 months. An interactive workshop for parents and infants 0 – 12 months to introduce them to the techniques and benefits of massage.
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Sensory Workshop Ontario Early Years Centre 91 Cornelia St. Smiths Falls	Thursday March 25 9:30 - 10:30 a.m.	Adult and child interactive workshop. Come and join us for some fun and to help your child discover all of his/her senses.
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Baby Sign Language Ontario Early Years Centre 91 Cornelia St. Smiths Falls	Thursdays April 8, 15, 22, 29 10 – 11:30 a.m.	Have fun learning to use signs with your baby. Babies can start using signs as early as 6 months to communicate their needs. Suitable for babies and toddlers. Come and learn about 150 signs, several songs and fun rhymes. For babies (0-12 months). Childcare available.
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Kids Have Stress Too Ontario Early Years Centre 91 Cornelia St. Smiths Falls	Thursday April 1 10 – 11:30 a.m.	What are the signs of stress in children? Come out and learn some strategies to help your children relax and cope with stress. Childcare available
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